Kids, the Internet & COVID-19:
How parents can keep children safe online
With school closures and self-isolation measures in place, many kids are getting more screen-time than usual.

Just like we help kids prepare for interactions in the physical world, it’s important to show them how to be safe on the Internet.
Do you know what your kids are doing online?
Studies show most parents don't know what their kids do online.

Here are 5 reasons why you should:

1. 70% of online youth in India spend more than 5 hours on the Internet.
2. 70% have posted their contact details like email, phone, home address.
3. 53% have met someone in person that they first met online.
4. 63% of youth do not turn off their location or GPS.
5. 60% of parents don’t know what their kids view online.
What are some of the risks children face online?

**WHAT** they see

**WHAT** they do

**WHO** they talk to
Knowledge is power

The more you know about the risks, the better you can play an active role to keep your kids safe online.

Here's what you can do:

1. Talk to your children about online safety

2. Agree on boundaries

3. Choose age-appropriate apps and websites
What YOU can do to keep your kids safe online

4. Set privacy settings together

5. Show them how to keep themselves secure

6. Learn from your child
What YOU can do to keep your kids safe online

7. Set parental controls
8. Supervise younger kids
9. Teach them to behave responsibly online
What YOU can do to keep your kids safe online

10. Assume that everything online is permanent

11. Be a role model

12. Do fun, offline activities as a family
There’s one word you should learn: encryption

Encryption is one of the most powerful tools parents can use to help keep their kids safe online.
What is encryption?

Encryption is a way of ‘scrambling’ information to make it unreadable to any ‘bad guys’ who want to access it.
How you and your kids can use it

Look for apps that are **end-to-end encrypted**.

Some examples are Signal, Telegram, and WhatsApp.
How you and your kids can use it

https://www.encryptedsite.org

only use websites that have a lock by the URL
How you and your kids can use it

Set strong passwords
Checklist

- Talk to your child about online safety
- Agree on boundaries
- Find age-appropriate apps and websites
- Set privacy settings together
- Show them some security tricks
- Learn from your child
- Set parental controls
- Supervise younger kids
- Teach them to behave responsibly online
- Assume everything online is permanent
- Be a role model
- Choose ENCRYPTED apps and services
Thank you.